PM3/PM4/PM5 VIEW DURING THE START SEQUENCE

When all rowers are at the sit ready position, the starter
will begin the START SEQUENCE

This is the first screen that will show on
your PM3/PM4/PM5 display.

Followed pretty quickly by this one.

There is a random time delay of one to
two seconds between **Attention** and
ROW.

Begin rowing when **ROW** is visible
on your display. If you start early the
computer will false start you.