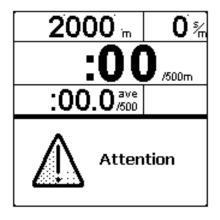
## **RACE START SEQUENCE**

## PM3/PM4/PM5 VIEW DURING THE START SEQUENCE

When all rowers are at the sit ready position, the starter will begin the START SEQUENCE

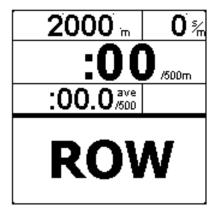


This is the first screen that will show on your PM3/PM4/PM5 display.



Followed pretty quickly by this one.

There is a random time delay of one to two seconds between **Attention** and **ROW**.



Begin rowing when **ROW** is visible on your display. If you start early the computer will false start you.